

## CITIZEN COACHING CIC- CBT COUNSELLOR JOB SPECIFICATION AUGUST 2017

<b>Attribute</b>	<i>Essential</i> The qualities without which a post holder could not be appointed	<i>Desirable</i> Extra qualities which can be used to choose between candidates who meet all the essential criteria	How Assessed
<b>Education / Qualifications</b>	<p>Qualification in CBT</p> <p>Full Membership (not student membership) of a professional counselling association</p>	<p>Training in social work, occupational therapy, counselling or within a psychological therapy or Counselling for Depression, Dynamic Interpersonal or Interpersonal therapy.</p> <p>Counselling/ Psychology or other health related undergraduate degree.</p> <p>Psychology or other health related postgraduate degree</p> <p>BABCP accreditation</p>	Application Form

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<b>Experience</b>	Experience of working as a psychological wellbeing practitioner (inc. counselling)	Experience of routine outcome monitoring Experience of working in the local community	Application form and Interview
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<p><b>Knowledge</b></p>	<p>Knowledge of child protection issues, safeguarding and other relevant legislation</p>	<p>Demonstrates an understanding of anxiety and depression and how it may present in Primary Care</p> <p>Demonstrates a knowledge of the issues surrounding work and the impact it can have on mental health / benefits &amp; employment systems</p> <p>Knowledge of child protection issues, safeguarding to Level 3 and other relevant legislation Demonstrates an understanding for the need to use evidence based psychological therapies and how it relates to this post</p>	<p>Application form and Interview</p> <p>Application form and Interview</p> <p>Application form and Interview</p>
<p><b>Skills and Abilities</b></p>	<p>Ability to meet agreed/specified service targets</p> <p>Ability to manage own caseload and time</p> <p>Able to write clear reports and letters to referrers</p> <p>Excellent IT skills</p> <p>Able to develop good therapeutic relationships with clients</p>	<p>Ability to provide services in a variety of settings</p>	<p>Application form and Interview</p>

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<p><b>Work Related Circumstances</b></p>	<p>Ability and willingness to travel to locations across Birmingham</p> <p>Ability to adapt to the changing needs of the service.</p> <p>Willingness to work 3 evenings a week (Full time positions)</p> <p>Willing to carry out all duties and responsibilities of the post in accordance with Equal Opportunities and Equality and Diversity policies</p> <p>Enhanced DBS Check</p> <p>Knowledge of safeguarding</p>	<p>Car owner</p> <p>Level 3 Safeguarding Training or above in the last two years</p>	<p>Interview</p>
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